

# We're still here to help!

If you need advice during the **coronavirus outbreak**, we're still here to help. Whilst we've had to temporarily close our face to face service you can still contact us in a number of ways if you are an East Herts or Uttlesford resident:

For **advice by email** go to  
**[www.citizensadviceeastherts.org.uk/webadvice](http://www.citizensadviceeastherts.org.uk/webadvice)**

For **phone advice** please call **03444 111444** 10am-4pm Monday to Friday (you may have to wait in a queue but we will get to you as soon as we can). Or call **01920 459944** and leave a message. One of our advisers will get back to you as soon as possible.



You can also access information online at  
**[citizensadviceeastherts.org.uk](http://citizensadviceeastherts.org.uk)**

For medical advice –  
**[www.nhs.uk/conditions/coronavirus-covid-19/](http://www.nhs.uk/conditions/coronavirus-covid-19/)**

NB. We will do our very best to answer all calls and emails but, due to a reduction in the number of staff and volunteers we have available, please bear with us at this difficult time. It may be that we have to offer to call you back with more advice at a later time.